**Sports & Exercise:**

Physical therapy recreation fitness lifestyle massage

Physiology anatomy coaching yoga pilates

Triathlon Marathon motivation abdominals biceps

BMI obesity anorexia bulimia movement

Regimen performance biomechanics motor control heart rate

Motor development conditioning nutrition dehydration recovery

Injury prevention competition athlete muscle tone electrolytes

Diabetes asthma exercise biology performance psychology

Flexibility determination touchdown scrimmage strategy

Offense defense foul sedentary concussion

Anaerobic tour-de-france ACSM deltoid trapezius

Babe Ruth Muhammad Ali Arthur Ashe [Martina Navratilova](http://espn.go.com/sportscentury/features/00016378.html) Wilma Rudolf

Work decrement vasodilation vasoconstriction RICE sense modality

Transfer learning reminiscence effect preparatory set mental imagery hypoxia

Quiescence theory play skill distributed practice Dean Smith

Cognitive learning affective learning motor learning conflict theory adrenaline

Aerobic swimming ballet endurance arabesque

Attitude center floor amateur Olympics body work

Warm-up martial arts kinesiology cooperative game ethics

Barbell showboating intimidation sports writing regulations